

A2 dagbok dag 1

SINGLE WHEEL	Partner Hinge & Roll in one flowing motion
IN ROLL CIRCULATE	End dancers face in, circulate 1 spot Others, Flip towards the vacated spot (like a turn and deal)
SLIP	Centers trade
SCOOT AND WEAVE	Scoot back then any hand quarter thru
SPLIT/BOX COUNTER ROTATE	Find the center of the box of 4. Walk forward 1 position around the center changing facing direction by one-quarter.
SWING	End trades with center they are holding
SWING AND MIX	Swing, new centers cross run, new centers trade
TRADE CIRCULATE (WAVES)	Same as Cross Over Circulate from Waves
ALL 4 COUPLES / ALL 8 CONCEPT	A way for all dancers to do calls with their opposite Always make eye contact with the opposite before moving Move away from the partner in a circular motion to execute calls.
MOTIVATE	Ends circulate 1-1/2 Centers circulate 1 then cast off $\frac{3}{4}$ Center star turn $\frac{1}{2}$, ends trade Those who connect cast off $\frac{3}{4}$ Others move up to end of wave
SWITCH THE WAVE	Centers run, end cross run
PASS AND ROLL	Pass thru, centers turn thru, ends right-face u-turn back finish double pass thru, leads right roll to a wave
SCOOT CHAIN THRU	Those facing in extend, swing, slip, swing, extend the others, split circulate
SLIDE	End and center they are holding slide nose-to-nose
RECYCLE (facing couple)	Beaus extend, right face u-turn back to join left hands in center Belles veer left and form righthanded wave with center
SPIN THE WINDMILL (direction)	Centers swing, slip, cast off $\frac{3}{4}$ Ends face given direction, then circulate 2 spots
OUT ROLL CIRCULATE	End dancers face in, circulate 1 spot Others, Flip towards the vacated spot (like a turn and deal)